It’s Your Move Lesson

1. Introduction

Introduce yourself. If you visit any of the local secondary schools, mention that the children going to those schools will see you in September. Explain that in this assembly we are going to be thinking about moving on to secondary school.

Ask: Which schools are they going to?

Discuss:

Part of growing up is facing changes. We react differently to change because we are all different and unique.

There will be some new and exciting things at your new school but you may feel a bit nervous about some of them at the moment.

Group Quiz:

Fears can be a really difficult thing and we can be fearful of different things

(have cards with fears on and meanings on, for each group and give time for students to try and match the name with its meaning)

Arachnophobia – fear of spiders, Aerophobia – fear of flying, Agoraphobia – fear of open spaces, Claustrophobia – fear of enclosed spaces, Sociophobia - fear of people Monophobia - fear of loneliness Vertigo – heights

Often our fears are nothing like the reality.

Today, let us see how we are all feeling about moving.

Activity:

On table: 2 large sheets of paper across two areas of the classroom

Sheet 1: “Thumbs Down” symbol

Sheet 2: “Thumbs Up” symbol

Invite students to come up and write down on sheet 1, things they are anxious of about moving schools. (eg, Friends going to different schools)

On sheet 2, write down the things most looking forward to. (eg, new subjects, learning languages, school dinner choices)

Feedback: Emphasise the positive things on list and reassure where there are fears

Moving brings changes: (Powerpoint presentation if technology allows)

They may include:  Uniform – new uniform to wear, or perhaps no school uniform.  Location – a new place to go each day  Transport – do you walk, cycle, roller blade, or go by bus, car… or aeroplane?!  Staff – new teachers and school staff to get to know  Students – many new classmates and friends, and other students already there  Timetable – new subjects, new routines, increase in amount of homework  School life – new rules to follow, different ways of doing things.

So many changes! Perhaps the most significant when you start could be:  You’ll be the youngest, not the oldest  The size of the school premises, compared to your present school  There’s so much to take in all at once!

Handy tips for fitting in:

Give yourself time to **settle** in – don’t panic!

Try your best to **listen** and get to know your new teachers, other new students, or existing students.

**Ask for help**, especially if you feel confused or overwhelmed, or you get lost!

Give out IYM Books:

Gift from churches/CICS, Explain purpose, refer to a few pages as example of the content